



Recommended TED Talks on Masculinity & Gender Based Violence

Want to learn more about masculinity and the role boys and men can play in preventing gender based violence? [Delaware Men's Education Network](#), an initiative of the [Delaware Coalition Against Domestic Violence](#) recommends the following TED Talks.

This is not an exhaustive list, nor is inclusion on this list an endorsement of the content or speakers

Bill Pozzobon: Breaking the Boys Code of Masculinity

Bill has worked on gender and violence issues with youth and educators for over a decade. In his role as Director of the SafeTeen Boy's Program, he trains the new SafeTeen Agents for Change and co-leads Educator Trainings locally, nationally and internationally. With humour and skill Bill invites the boys and men he works with to step into their full humanity with dignity and courage.

Link: www.youtube.com/watch?v=VDpuJXgD7Rs

Blake Spence: Expanding Masculinity: Moving Beyond Boys will be Boys

Blake Spence is one of the creators of Calgary's award winning WiseGuyz program at the Calgary Sexual Health Centre. WiseGuyz is an innovative school based program that aims to create safe spaces for young men to connect with one another, learn and grow into socially aware young adults. WiseGuyz gives young men an opportunity to safely explore questions and concepts around sex, health, relationships, gender and vulnerability.

Link: www.youtube.com/watch?v=Xe0Nh5tn6s8

Colin Stokes: How Movies Teach Manhood

When Colin Stokes' 3-year-old son caught a glimpse of "Star Wars," he was instantly obsessed. But what messages did he absorb from the sci-fi classic? Stokes asks for more movies that send positive messages to boys: that cooperation is heroic, and respecting women is as manly as defeating the villain.

Link: www.ted.com/talks/colin_stokes_how_movies_teach_manhood

Elizabeth Nyamayaro: An Invitation to Men who want a Better World for Women

Around the world, women still struggle for equality in basic matters like access to education, equal pay and the right to vote. But how to enlist everyone, men and women, as allies for change? Meet Elizabeth Nyamayaro, head of UN Women's HeForShe initiative, which has created more than 2.4 billion social media conversations about a more equal world. She invites us all to join in as allies in our shared humanity.

Link: www.ted.com/talks/elizabeth_nyamayaro_an_invitation_to_men_who_want_a_better_world_for_women

Inua Ellams: Redefining Black Masculinity

Inua describes his conversations with men in barbershops around the world. In his barbershop chronicles, he argues that we are seeing a paradigm shift in the perception of black masculinity, and that if this isn't openly discussed; we risk a dramatic increase in depression amongst men.

Link: www.youtube.com/watch?v=QG7Fb7E5nOk

Jackson Katz: Violence Against Women- It's a Men's Issue

Domestic violence and sexual abuse are often called "women's issues." But in this bold, blunt talk, Jackson Katz points out that these are intrinsically men's issues -- and shows how these violent behaviors are tied to definitions of manhood. A clarion call for us all - women and men -- to call out unacceptable behavior and be leaders of change.

Link: www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue

Joe Ehrmann: Be a Man

Joe Ehrmann has been an educator, author, activist, pastor and coach for more than 25 years. He was a college All-American athlete who played professional football for 13 years. Among numerous awards, Joe has been named "The Most Important Coach in America" for his work to transform the culture of sports.

Link: www.youtube.com/watch?v=jVI1Xutc_Ws

Michael Kimmel: Why Gender Equality is Good for Everyone- Men Included

Yes, we all know it's the right thing to do. But Michael Kimmel makes the surprising, funny, practical case for treating men and women equally in the workplace and at home. It's not a zero-sum game, but a win-win that will result in more opportunity and more happiness for everybody.

Link: www.ted.com/talks/michael_kimmel_why_gender_equality_is_good_for_everyone_men_included

Philip Zimbardo: The Demise of Guys?

Psychologist Philip Zimbardo asks, "Why are boys struggling?" He shares some stats (lower graduation rates, greater worries about intimacy and relationships) and suggests a few reasons -- and challenges the TED community to think about solutions.

Link: www.ted.com/talks/zimchallenge

Ryan McKelley: Unmasking Masculinity: Helping Boys Become Connected Men

McKelley wants men to do away with the mask. Sometimes emotional restriction is necessary, but it doesn't need to be the default mode, he says. He challenges men to eliminate phrases like "man up" or "stop acting like a girl." They should understand that opening up and being vulnerable is courageous. Taking small risks to open up will give them a broader experience of all of their emotions and allow them to make deeper connections.

Link: www.youtube.com/watch?v=LBdnjqEoiXA

Shane Horsburgh: Redefining Masculinity

Spending 17 years as a police officer at state and federal level, Shane Horsburgh thought he had a good grip on the world around him; including the perspectives he held, and the identity he formed as a result. Realizing the macho laden, ego driven world he was operating in did not define who he was, he set about making massive changes in order to live a more peaceful existence. Ironically, in the midst a war-zone Shane's conversation with the 'Professor' (an elderly Iraqi Muslim) initiated a re-acquaintance with long-lost perspectives and practices; previously disguised by the masculine façade he thought he needed to make it in today's world.

Link: www.youtube.com/watch?v=4SK0XQN6_do

Tony Porter: A Call to Men

At TEDWomen, Tony Porter makes a call to men everywhere: Don't "act like a man." Telling powerful stories from his own life, he shows how this mentality, drummed into so many men and boys, can lead men to disrespect, mistreat and abuse women and each other. His solution: Break free of the "man box."

Link: www.ted.com/talks/tony_porter_a_call_to_men

Wade Davis: The Mask of Masculinity

Wade Davis is an ex-NFL player for the Titans, Redskins, and Seahawks and a pioneering educator on gender, race, and orientation equality. He is the NFL's first diversity and inclusion consultant, and co-created the YOU Belong initiative and the Speaker's Collective. Davis is also a U.N. Women HeForShe Ambassador, a U.S. State Department Speaker Specialist, and the official LGBT Surrogate for President Obama.

Link: www.youtube.com/watch?v=umKKrbmdHFM